

Attwood Business Consultancy Ltd

Chingford League - 5M at Alexandra Palace - Saturday 27 October 2007

*"Making things
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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Barnet	23.17
2		M	Barnet	23.22
3		M	Victoria Park	23.25
4		M	Woodford Green	23.43
5		M	Enfield & Haringay	23.57
6	1	M40	Woodford Green	24.06
7		M	Trent Park	24.07
8		M	Orion	24.08
9		M	Orion	24.12
10		M	Barnet	24.14
11		M	Woodford Green	24.16
12		M	Enfield & Haringay	24.17
13		M	Orion	24.19
14		M	Orion	24.23
15		M	Orion	24.25
16		M	Woodford Green	24.26
17	2	M40	Orion	24.40
18		M	Orion	24.49
19	3	M40	Orion	24.55
20	4	M40	Orion	24.58
21	5	M40	Barnet	25.05
22	6	M40	Barnet	25.27
23	7	M50	Enfield & Haringay	25.35
24		M	Walthamstow	25.40
25	8	M40	Barnet	25.46
26	9	M40	Barnet	25.50
27	10	M50	Barnet	25.51
28	11	M40	Eton Manor	25.52
29		M	Enfield & Haringay	25.55
30	12	M40	Orion	25.58
31		M	Victoria Park	26.06
32		M	Victoria Park	26.12
33	13	M40	Orion	26.14
34	14	M50	Woodford Green	26.24
35	15	M50	Barnet	26.26
36	16	M40	Trent Park	26.32
37		M	Enfield & Haringay	26.34
38		M	Trent Park	26.34
39		M	Victoria Park	26.37
40		M	Barnet	26.40
41	17	M40	Loughton	26.45
42		M	Barnet	26.47
43	18	M40	Trent Park	26.58
44	19	M40	Barnet	27.02
45	20	M40	Woodford Green	27.04
46		M	Enfield & Haringay	27.05
47		M	Trent Park	27.06
48		M	Victoria Park	27.07
49		M	Loughton	27.08
50	21	M40	Woodford Green	27.12
51		M	Orion	27.20
52		M	Orion	27.25
53		M	Orion	27.31
54	22	M40	Orion	27.34
55		M	Guest	27.36
56		M	Victoria Park	27.37



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57	23	Miles Lakin	M40 Trent Park	27.45
58	24	Mick Cairns	M40 Victoria Park	27.49
59		Rob Pithethly	M Victoria Park	27.55
60	25	William Wagstaff	M40 Guest	27.56
61	26	John Wallis	M40 Woodford Green	27.57
62	27	Alistair Holford	M50 Woodford Green	27.59
63		Ben Smith	M Barnet	28.00
64	28	Steve Simpole	M50 Orion	28.02
65		Alan Dickson	M London Heathside	28.03
66		David Wilkie	M Orion	28.13
67		Antoine Paycha	M Victoria Park	28.18
68	29	Dominic Jackson	M40 London Heathside	28.27
69	30	Adrian Frost	M40 Eton Manor	28.28
70	31	Steve Adams	M40 Eton Manor	28.29
71	32	Bill Bennett	M50 Orion	28.30
72	33	Warrick Barton	M40 Orion	28.33
73	34	Quin Broadbent	M40 Orion	28.34
74	35	Roger Green	M50 Woodford Green	28.36
75	36	John Andrews	M40 Orion	28.39
76	37	David Walton	M40 London Heathside	28.40
77	38	Leighton Ballett	M40 Guest	28.44
78	39	David Milner	M50 Orion	28.57
79		Matt Gallagher	M Orion	29.01
80	40	Nivk Skipper	M50 London Heathside	29.05
81	41	Jim Dawson	M40 Orion	29.07
82		Steve Dunn	M Eton Manor	29.08
83	42	Stuart Manktelow	M40 Trent Park	29.12
84	43	Andy Ruffy	M40 Eton Manor	29.16
85		Nick Clarke	M Trent Park	29.29
86	44	Neal Beaumont	M50 Victoria Park	29.38
87	45	Roger Berry	M50 Walthamstow	29.41
88	46	Vic Wilson	M50 Woodford Green	29.50
89	47	Graham Hall	M40 Orion	29.57
90	48	Paul Stiles	M50 Enfield & Haringay	30.00
91	49	David Birks	M40 Trent Park	30.02
92	50	John Quinn	M40 Orion	30.04
93	51	Stephen Allen	M50 Barnet	30.10
94	52	John Shirley	M50 Barnet	30.22
95	53	Francis Robinson	M40 Barnet	30.26
96		David Tyson	M Loughton	30.27
97	54	Roger Kingsnorth	M50 Orion	30.28
98	55	Steve Keys	M50 Enfield & Haringay	30.33
99		John Murphy	M Barnet	30.37
100		Terry Beackon	M Victoria Park	30.42
101	56	John Few	M50 Eton Manor	30.42
102	57	Bill Birmingham	M50 London Heathside	30.47
103		Shaka Palmer	M Enfield & Haringay	31.00
104	58	Gary Deathridge	M40 Victoria Park	31.03
105		Martin Hockey	M Eton Manor	31.17
106	59	Steve Bunce	M40 Orion	31.20
107	60	Graham Bell	M40 London Heathside	31.26
108	61	Chris Cloke	M50 Enfield & Haringay	31.28
109	62	Don Taylor	M40 Orion	31.30
110	63	John Owen	M50 Barnet	31.33
111	64	Mike Miller	M50 Trent Park	31.45
112		James Grimsdale	M Walthamstow	31.54



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113	65	Gerald Cooper	M40 Victoria Park	32.06
114		Michael Woolf	M Enfield & Haringay	32.22
115	66	Peter Bulaitis	M50 Orion	32.35
116	67	Dave Stanley	M50 Orion	32.46
117		Leon Christodoulou	M Enfield & Haringay	32.51
118		Phil Tsang	M Victoria Park	32.57
119		Ken Townson	M London Heathside	33.00
120	68	Greg Bell	M50 London Heathside	33.07
121	69	John Hart	M50 Loughton	33.27
122	70	Paul Robinson	M50 Orion	33.40
123	71	Russel Devitt	M50 Guest	33.47
124	72	Alan Cathcart	M40 Victoria Park	33.50
125	73	Peter Deadman	M50 Orion	33.53
126	74	David Hobbs	M50 Loughton	34.48
127	75	Frank Merrigan	M40 Victoria Park	35.10
128	76	Glyn Sayer	M50 Eton Manor	35.51
129	77	Ian Russell	M50 Walthamstow	35.59
130	78	Steve Timpson	M40 Orion	36.35
131	79	Alan Dickin	M50 Orion	42.03



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
1		W	Victoria Park	27.14
2		W	Woodford Green	28.20
3		W	Orion	28.49
4		W	Orion	29.44
5		W	Enfield & Haringay	29.48
6		W	Barnet	29.49
7	1	W35	Barnet	29.55
8	2	W35	Loughton	30.01
9		W	Loughton	30.01
10	3	W35	Guest	30.18
11		W	Enfield & Haringay	30.20
12	4	W45	Orion	30.39
13		W	Victoria Park	30.50
14		W	Victoria Park	30.53
15		W	Enfield & Haringay	31.19
16	5	W35	Barnet	31.42
17	6	W35	London Heathside	31.53
18	7	W35	Orion	31.56
19		W	Victoria Park	32.07
20		W	Loughton	32.12
21		W	Loughton	32.39
22		W	Trent Park	32.50
23	8	W45	Orion	34.24
24		W	Victoria Park	34.43
25	9	W35	Orion	34.44
26	10	W45	Loughton	34.57
27	11	W45	Victoria Park	35.15
28	12	W35	Loughton	35.28
29		W	Orion	35.47
30	13	W35	Orion	35.54
31		W	Orion	36.01
32	14	W45	Loughton	36.08
33		W	Eton Manor	36.09
34	15	W35	Victoria Park	36.29
35		W	Victoria Park	36.41
36	16	W45	Trent Park	36.52
37	17	W45	Woodford Green	37.36
38		W	Loughton	38.23
39	18	W45	Barnet	38.48
40		W	Victoria Park	39.13
41		W	Orion	39.24
42	19	W35	Eton Manor	39.55
43	20	W45	Loughton	40.32
44	21	W35	Trent Park	42.04
45		W	Loughton	42.54
46	22	W35	Orion	47.45



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 13 Boys				
1	J Stockings	U13B	Woodford Green	7.22
2	Y Ikawka	U13B	Eton Manor	7.24
3	G Anastasi	U13B	Trent Park	7.51
4	K Brahim	U13B	Woodford Green	7.59
5	P Crout	U13B	Trent Park	8.08
6	A Vassilou	U13B	Trent Park	8.10
7	F Razano	U13B	Trent Park	8.13
8	B Shilston	U13B	Woodford Green	8.16
9	P Inkpen	U13B	Orion	8.22
10	R Phelps	U13B	Victoria Park	8.28
11	A Adams	U13B	Orion	8.31
12	R Mahon	U13B	Orion	8.40
13	G McCormick	U13B	Trent Park	8.42
14	J Keane	U13B	Trent Park	8.45
15	B Hall	U13B	Orion	8.51
16	M Tunstal	U13B	Trent Park	9.28
17	H Sachs	U13B	Orion	9.30
18	A Patel	U13B	Trent Park	9.35
19	B McElhinney	U13B	Trent Park	9.47
20	B Gordon	U13B	Orion	10.27
21	L Cook	U13B	Trent Park	10.34



Under 13 Girls				
1	C Kerr	U13G	Enfield & Haringay	7.48
2	A Antione Chagar	U13G	Orion	7.52
3	K Fray	U13G	Enfield & Haringay	7.57
4	A Calvert-Jordan	U13G	Enfield & Haringay	8.18
5	A Doyle	U13G	Woodford Green	8.19
6	H Bedeau	U13G	Woodford Green	8.40
7	I Welsford	U13G	Orion	8.55
8	L Honeychurch	U13G	Orion	9.03
9	I Barry	U13G	Orion	9.05
10	I Aktas	U13G	Eton Manor	9.13
11	A Buckmaster	U13G	Orion	9.16
12	C Kenny	U13G	Enfield & Haringay	9.18
13	N Satori-Sigrist	U13G	Orion	9.18
14	I Adams	U13G	Orion	9.22
15	S Blake	U13G	Orion	9.29
16	P Walker	U13G	Victoria Park	9.30
17	A McElhinney	U13G	Trent Park	9.36
18	E Burwood	U13G	Enfield & Haringay	9.38
19	S McGovern	U13G	Eton Manor	9.38
20	M Bedeau	U13G	Woodford Green	9.54
21	G Green	U13G	Eton Manor	10.03
22	H McLaughlin	U13G	Trent Park	10.39
23	K Brooks	U13G	Loughton	11.08

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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 15 Boys				
1	M McMahon	U15B	Enfield & Haringay	17.57
2	L Callis	U15B	Trent Park	18.16
3	P Scanlan	U15B	Woodford Green	18.46
4	A Hall	U15B	Orion	18.51
5	R Wagstaff	U15B	Trent Park	18.53
6	A Gordon	U15B	Orion	19.13
7	G McKenzie-Lowe	U15B	Enfield & Haringay	19.41
8	A Bowman	U15B	Trent Park	20.02
9	L Blaikie	U15B	Woodford Green	20.10
10	E Ball	U15B	Orion	20.13
11	R Surrige	U15B	Enfield & Haringay	21.19
12	R Ballet	U15B	Trent Park	21.35
13	P Haynes	U15B	Trent Park	21.37
14	T Black	U15B	Orion	21.40
15	E Brogan	U15B	Trent Park	22.17
16	S Gaffney	U15B	Enfield & Haringay	22.30
17	L Wood	U15B	Trent Park	22.54
18	J McCormick	U15B	Trent Park	23.17
19	J Glynn	U15B	Orion	24.00
20	N Glyn	U15B	Orion	
Under 15 Girls				
1	L McGregor	U15G	Orion	16.40
2	J Andrews	U15G	Orion	16.57
3	K Brown	U15G	Enfield & Haringay	17.23
4	K Stockings	U15G	Woodford Green	18.00
5	C Conway	U15G	Woodford Green	18.12
6	L O'Conner	U15G	Orion	18.26
7	S Harizi	U15G	Enfield & Haringay	18.30
8	J McCormick	U15G	Trent Park	19.22
9	C Glennon	U15G	Trent Park	19.27
10	C Bryan	U15G	Trent Park	19.49
11	T Bryant	U15G	Trent Park	20.47
12	S Walker	U15G	Victoria Park	21.26
13	J Kipps	U15G	Orion	22.25
Under 17 Men				
1	G Lewis	U17M	Orion	16.53
2	F Conway	U17M	Orion	17.24
3	R Martinez-Rodney	U17M	Enfield & Haringay	17.35
4	B Hayes	U17M	Orion	17.47
5	A Jones	U17M	Enfield & Haringay	17.59
6	A Lodge	U17M	Enfield & Haringay	18.11
7	D Penfold	U17M	Orion	18.16
8	M Moy	U17M	Orion	18.44
9	J Ward	U17M	Trent Park	21.23



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 17 Women				
1	K Foy	U17W	Woodford Green	17.03
2	B Hewitt	U17W	Woodford Green	17.33
3	J Docking	U17W	Woodford Green	17.45
4	A Holford	U17W	Woodford Green	19.46
5	R Kipps	U17W	Orion	20.25

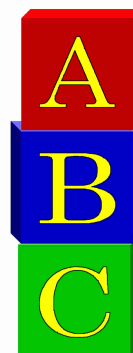


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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Orion	76	10
2	Barnet	81	9
3	Woodford Green	116	8
4	Enfield & Haringay	152	7
5	Victoria Park	208	6
6	Trent Park	227	5
7	Eton Manor	421	4
8	London Heathside	483	3
9	Loughton	551	2
10	Walthamstow	598	1
Senior Men "B" Team			
1	Orion	171	10
2	Barnet	214	9
3	Woodford Green	454	8
4	Victoria Park	461	7
5	Enfield & Haringay	612	6
6	Trent Park	614	5
7	Eton Manor	738	4
8	London Heathside	745	3
Veteran Men			
1	Barnet	156	10
2	Orion	173	9
3	Woodford Green	254	8
4	Trent Park	411	7
5	Eton Manor	466	6
6	London Heathside	537	5
7	Enfield & Haringay	566	4
8	Victoria Park	594	3
9	Loughton	665	2
10	Walthamstow	721	1
Senior Women			
1	Orion	81	10
2	Victoria Park	93	9
3	Loughton	108	8
4	Barnet	158	7
5	Enfield & Haringay	167	6
6	Woodford Green	222	5
7	Trent Park	237	4
8	London Heathside	246	3
9	Eton Manor	257	2
Veteran Women			
1	Orion	148	10
2	Loughton	179	9
3	Barnet	198	8
4	Victoria Park	243	7
5	London Heathside	246	6
6	Trent Park	262	5
7	Woodford Green	266	4
8	Eton Manor	271	3

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Under 17 Men

1	Orion	14
2	Enfield & Haringay	24
3	Trent Park	39

Under 17 Women

1	Woodford Green	10
2	Orion	23

Under 15 Boys

1	Trent Park	27
2	Orion	34
3	Enfield & Haringay	35
4	Woodford Green	52

Under 15 Girls

1	Orion	22
2	Woodford Green	37
3	Trent Park	38
4	Enfield & Haringay	38
5	Victoria Park	50

Under 13 Boys

1	Trent Park	21
2	Woodford Green	35
3	Orion	47
4	Eton Manor	68
5	Victoria Park	76

Under 13 Girls

1	Enfield & Haringay	20
2	Orion	26
3	Woodford Green	55
4	Eton Manor	67
5	Trent Park	87
6	Victoria Park	88
7	Loughton	95

