

Attwood Business Consultancy Ltd

Chingford League - 5M at Alexandra Palace - Saturday 18 October 2008

"Making things
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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Enfield & Haringay	26.02
2		M	Orion	26.58
3		M	Orion	27.18
4		M	Orion	27.24
5		M	Barnet	27.28
6		M	Victoria Park	27.39
7	1	M40	London Heathside	27.41
8		M	Enfield & Haringay	27.45
9		M	Orion	27.48
10		M	Enfield & Haringay	27.55
11		M	Trent Park	27.57
12		M	Enfield & Haringay	28.03
13		M	Victoria Park	28.08
14		M	Victoria Park	28.10
15		M	Walthamstow	28.31
16		M	Trent Park	28.38
17		M	Barnet	28.44
18	2	M40	Woodford Green	28.48
19		M	Woodford Green	28.59
20		M	London Heathside	29.05
21		M	Barnet	29.07
22		M	Trent Park	29.11
23	3	M40	Barnet	29.13
24	4	M40	Orion	29.15
25	5	M50	Barnet	29.17
26		M	Enfield & Haringay	29.23
27	6	M50	Enfield & Haringay	29.31
28		M	Enfield & Haringay	29.32
29		M	Eton Manor	29.33
30	7	M40	Barnet	29.37
31	8	M40	Trent Park	29.37
32	9	M40	Eton Manor	29.52
33	10	M40	Orion	29.55
34	11	M40	Trent Park	29.56
35	12	M50	Barnet	29.56
36	13	M50	Barnet	29.58
37	14	M40	Barnet	30.00
38		M	Victoria Park	30.01
39		M	Orion	30.14
40		M	Barnet	30.27
41		M	Victoria Park	30.27
42		M	Trent Park	30.32
43	15	M40	Orion	30.39
44		M	Victoria Park	30.43
45	16	M40	Trent Park	30.48
46	17	M40	Trent Park	30.48
47	18	M50	Eton Manor	30.55
48	19	M40	Loughton	30.58
49	20	M40	Eton Manor	31.04
50	21	M40	Woodford Green	31.18
51		M	Enfield & Haringay	31.22
52	22	M50	Eton Manor	31.30
53		M	Enfield & Haringay	31.33
54		M	Victoria Park	31.44
55	23	M40	Victoria Park	31.46
56		M	Walthamstow	31.55



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57		M	Barnet	31.57
58	24	M40	Trent Park	31.59
59		M	Victoria Park	32.05
60	25	M50	Trent Park	32.08
61	26	M40	Eton Manor	32.11
62	27	M40	Trent Park	32.12
63	28	M40	London Heathside	32.16
64		M	Walthamstow	32.21
65		M	Loughton	32.31
66	29	M50	Orion	32.35
67		M	Victoria Park	32.37
68	30	M40	Trent Park	32.40
69	31	M40	Trent Park	32.43
70	32	M40	London Heathside	32.46
71		M	Trent Park	32.49
72	33	M50	Orion	32.52
73		M	London Heathside	32.52
74	34	M40	Orion	32.57
75	35	M50	Orion	32.58
76	36	M50	Enfield & Haringay	32.58
77	37	M50	Walthamstow	33.04
78	38	M40	Orion	33.05
79		M	Orion	33.07
80	39	M40	Eton Manor	33.07
81	40	M40	Barnet	33.11
82		M	Trent Park	33.24
83	41	M40	London Heathside	33.29
84	42	M50	Orion	33.35
85	43	M50	Woodford Green	33.42
86	44	M40	Trent Park	33.44
87	45	M40	Barnet	33.47
88		M	Victoria Park	33.49
89	46	M40	Eton Manor	33.51
90	47	M50	Enfield & Haringay	33.53
91		M	Victoria Park	33.54
92	48	M40	Trent Park	34.09
93	49	M40	Orion	34.21
94		M	Victoria Park	34.22
95		M	Enfield & Haringay	34.26
96	50	M50	Orion	34.32
97	51	M40	Enfield & Haringay	34.35
98	52	M40	Orion	34.47
99	53	M50	Orion	34.53
100	54	M50	Loughton	34.55
101	55	M50	Barnet	34.56
102	56	M40	Woodford Green	35.09
103	57	M40	Barnet	35.12
104	58	M50	Barnet	35.14
105		M	Walthamstow	35.16
106	59	M40	Woodford Green	35.21
107	60	M40	Trent Park	35.22
108		M	Guest	35.26
109	61	M40	Orion	35.32
110	62	M40	Trent Park	35.37
111	63	M50	Trent Park	35.44
112	64	M50	Eton Manor	35.52



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113		M	Woodford Green	35.56
114	65	M50	Orion	35.59
115	66	M50	Walthamstow	36.04
116		M	Victoria Park	36.14
117	67	M50	Enfield & Haringay	36.17
118	68	M40	Orion	36.39
119	69	M50	Trent Park	36.44
120	70	M50	Trent Park	36.58
121	71	M50	Walthamstow	37.19
122	72	M50	Orion	37.30
123	73	M50	Loughton	37.46
124	74	M50	Enfield & Haringay	38.00
125	75	M40	Barnet	38.10
126	76	M40	Trent Park	38.12
127	77	M50	Trent Park	38.16
128		M	Loughton	38.52
129		M	Eton Manor	39.05
130	78	M50	Enfield & Haringay	39.08
131	79	M40	Victoria Park	39.43
132		M	Enfield & Haringay	39.45
133		M	Guest	39.56
134	80	M40	Victoria Park	39.57
135	81	M50	Trent Park	39.59
136		M	London Heathside	40.09
137	82	M50	Orion	40.13
138	83	M50	Trent Park	40.31
139	84	M50	Trent Park	40.47
140	85	M40	Loughton	40.51
141		M	Victoria Park	41.48
142	86	M40	Orion	42.58
143	87	M50	Orion	46.47



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
1		W	Victoria Park	32.01
2		W	Orion	32.13
3		W	Loughton	32.38
4	1	W35	Barnet	32.56
5		W	Orion	33.12
6		W	Enfield & Haringay	33.22
7		W	Eton Manor	33.30
8	2	W35	Loughton	33.39
9		W	Barnet	33.54
10	3	W35	London Heathside	34.00
11		W	Victoria Park	34.02
12		W	Victoria Park	34.50
13	4	W45	Eton Manor	34.58
14		W	Victoria Park	35.02
15		W	London Heathside	35.04
16		W	Trent Park	35.18
17	5	W35	Barnet	35.52
18	6	W45	London Heathside	35.58
19	7	W45	Trent Park	36.03
20	8	W35	Orion	36.07
21	9	W35	London Heathside	36.25
22	10	W35	Loughton	36.28
23	11	W45	Orion	37.02
24	12	W35	Victoria Park	37.10
25	13	W45	Orion	37.27
26	14	W35	Victoria Park	37.33
27		W	Loughton	37.59
28		W	Victoria Park	38.08
29	15	W35	Victoria Park	38.17
30		W	Victoria Park	38.21
31	16	W45	Trent Park	38.41
32	17	W45	Victoria Park	38.53
33	18	W45	Trent Park	39.00
34	19	W45	Loughton	39.04
35	20	W35	Eton Manor	39.16
36	21	W35	Victoria Park	39.21
37	22	W45	Victoria Park	39.23
38		W	London Heathside	39.24
39	23	W45	Barnet	39.29
40		W	Eton Manor	39.34
41		W	Loughton	39.36
42	24	W45	Victoria Park	39.53
43		W	Victoria Park	39.56
44		W	Victoria Park	40.14
45	25	W35	Barnet	40.26
46		W	Enfield & Haringay	40.42
47		W	Victoria Park	41.01
48	26	W45	Orion	41.13
49	27	W45	Trent Park	41.31
50		W	Orion	41.36
51	28	W45	Loughton	41.44
52	29	W45	Eton Manor	41.53
53	30	W45	Trent Park	42.10
54	31	W35	Loughton	43.03
55	32	W45	Orion	43.11
56	33	W45	Eton Manor	43.39



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Women				
57	34	Anne Lippitt	W45 Trent Park	44.10
58	35	Liz Jackson	W45 Trent Park	44.48
59	36	Mel McClure	W45 Victoria Park	45.33
60	37	Irene Petersen	W35 Loughton	46.33
61	38	Theresa Persighetti	W45 Eton Manor	49.12
62	39	Christine Read	W45 Trent Park	49.42
63	40	Michaela Davis	W35 Loughton	50.30



Under 13 Boys

1	Evans Akpoveta	U13B	Enfield & Haringay	11.15
2	Jesse Taylor	U13B	Orion	11.53
3	James Keane	U13B	Trent Park	12.10
4	Jack Waller	U13B	Orion	12.30
5	George Hoy	U13B	Orion	12.39
6	Ryan McCarthy	U13B	Trent Park	13.04
7	David Gaskin	U13B	Trent Park	13.07
8	George McCormick	U13B	Trent Park	13.08
9	Andrew Adams	U13B	Orion	13.17
10	Joseph Glynn	U13B	Orion	13.52
11	Yossine Rahmane	U13B	Enfield & Haringay	14.09
12	Max Samuda	U13B	Eton Manor	15.02
13	Jake Spires	U13B	Victoria Park	15.56
14	Michael Taylor	U13B	Eton Manor	16.33

Under 13 Girls

1	Georgina Tuckfield	U13G	Orion	11.46
2	Ellie Foster	U13G	Woodford Green	12.12
3	Sydney Taylor	U13G	Orion	12.48
4	Katie Prior	U13G	Trent Park	13.10
5	Abigal Jowett	U13G	Victoria Park	13.19
6	Georgia Green	U13G	Eton Manor	13.26
7	Jade Dos Santos	U13G	Trent Park	13.30
8	Stephanie Smith	U13G	Woodford Green	13.31
9	Niamh Pamplin	U13G	Victoria Park	13.33
10	Ellen Burwood	U13G	Enfield & Haringay	13.54
11	Isabelle Barry	U13G	Orion	14.16
12	Amelia Adams	U13G	Eton Manor	14.44
13	Paris Walker	U13G	Victoria Park	15.12
14	Emily Young	U13G	Orion	15.25
15	Yasmin Crosby	U13G	Orion	15.35
16	Allian Auguste	U13G	Eton Manor	15.47
17	Jenny Keane	U13G	Trent Park	16.33
18	Dilon Aktas	U13G	Eton Manor	19.39

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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 15 Boys				
1	Liam Blaikie	U15B	Woodford Green	16.27
2	James Stockings	U15B	Woodford Green	16.58
3	Tom Fearnley	U15B	Enfield & Haringay	17.00
4	Rory Wagstaff	U15B	Trent Park	17.16
5	Alex Cordell	U15B	Enfield & Haringay	17.37
6	Alex Gordon	U15B	Orion	17.45
7	Yoje Kikanka	U15B	Eton Manor	18.02
8	Reece Ballett	U15B	Trent Park	18.17
9	Ben Silverstone	U15B	Orion	18.21
10	Philip Grout	U15B	Trent Park	18.44
11	Sam Suzuzek	U15B	Trent Park	18.54
12	Auberic Hall	U15B	Orion	18.57
13	Eoin Brogan	U15B	Trent Park	20.33
14	Andreas Vassilou	U15B	Trent Park	20.49
Under 15 Girls				
1	Georgina Ferrari	U15G	Woodford Green	19.58
2	Katie Brown	U15G	Enfield & Haringay	20.07
3	Amy Doyle	U15G	Woodford Green	20.10
4	Alethea Calvert-Jordan	U15G	Enfield & Haringay	20.58
5	Caitlin Glennon	U15G	Trent Park	21.53
6	Holly Bedeau	U15G	Woodford Green	22.02
7	Imogen Adams	U15G	Eton Manor	22.15
8	Fiona Petersen	U15G	Loughton	22.43
9	Claire Goldfinich	U15G	Trent Park	23.38
10	Llayda Aktas	U15G	Eton Manor	25.38
11	Sarah Harizi	U15G	Enfield & Haringay	25.38
12	Melissa Timpson	U15G	Orion	26.16
Under 17 Men				
1	Robert Christou	U17M	Enfield & Haringay	16.21
2	Alex Jones	U17M	Enfield & Haringay	16.22
3	Darren Southcott	U17M	Woodford Green	16.45
4	Auberon Hall	U17M	Orion	16.55
5	Luke Callis	U17M	Trent Park	17.07
6	George MacKenzie-Lowe	U17M	Enfield & Haringay	17.20
7	Adam Bowman	U17M	Trent Park	17.31
8	Ellis Ball	U17M	Orion	18.11
9	Reece Surridge	U17M	Enfield & Haringay	18.13
10	Adam Wright	U17M	Trent Park	18.44
11	Alfie Evans	U17M	Trent Park	20.39
Under 17 Women				
1	Claudia Conway	U17W	Woodford Green	19.21
2	Kate Stockings	U17W	Woodford Green	20.52
3	Laura O'Connor	U17W	Orion	21.31
4	Tabitha Bryant	U17W	Trent Park	22.08
5	Francesca Cioni	U17W	Loughton	24.23



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Position	Name	Category	Club	Time
Race	Vets			
Only				
Unknown				
1	0	Danny Penfold	N/A Orion	16.50
2	0	Lauren MacGregor	N/A Orion	18.26
3	0	Sienna Blake	N/A Orion	20.10
4	0	No. 799	N/A	18.38
5	0	No. 798	N/A	25.44



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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Orion	75	10
2	Enfield & Haringay	84	9
3	Barnet	121	8
4	Trent Park	156	7
5	Victoria Park	156	6
6	Eton Manor	270	5
7	London Heathside	316	4
8	Woodford Green	380	3
9	Walthamstow	431	2
10	Loughton	600	1
Senior Men "B" Team			
1	Barnet	286	10
2	Trent Park	339	9
3	Orion	369	8
4	Enfield & Haringay	393	7
5	Victoria Park	414	6
6	Eton Manor	692	5
7	Woodford Green	822	4
8	Walthamstow	830	3
9	London Heathside	844	2
Veteran Men			
1	Barnet	186	10
2	Trent Park	274	9
3	Orion	312	8
4	Eton Manor	321	7
5	Woodford Green	472	6
6	Walthamstow	503	5
7	London Heathside	507	4
8	Enfield & Haringay	529	3
9	Loughton	692	2
10	Victoria Park	743	1
Senior Women			
1	Victoria Park	88	10
2	Orion	123	9
3	Loughton	135	8
4	London Heathside	166	7
5	Barnet	178	6
6	Trent Park	201	5
7	Eton Manor	203	4
8	Enfield & Haringay	308	3
Veteran Women			
1	Victoria Park	184	10
2	Loughton	229	9
3	Barnet	233	8
4	London Heathside	241	7
5	Trent Park	242	6
6	Orion	244	5
7	Eton Manor	281	4

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Under 17 Men

1	Enfield & Haringay	16	10
2	Trent Park	33	9
3	Orion	36	8
4	Woodford Green	39	7

Under 17 Women

1	Woodford Green	15	10
2	Orion	21	9
3	Trent Park	22	8
4	Loughton	23	7

Under 15 Boys

1	Trent Park	33	10
2	Woodford Green	33	9
3	Enfield & Haringay	38	8
4	Orion	43	7
5	Eton Manor	52	6

Under 15 Girls

1	Woodford Green	24	10
2	Enfield & Haringay	30	9
3	Trent Park	40	8
4	Eton Manor	43	7
5	Loughton	47	6
6	Orion	51	5

Under 13 Boys

1	Orion	20	10
2	Trent Park	24	9
3	Enfield & Haringay	39	8
4	Eton Manor	52	7
5	Victoria Park	54	6

Under 13 Girls

1	Orion	29	10
2	Trent Park	47	9
3	Woodford Green	48	8
4	Victoria Park	60	7
5	Eton Manor	67	6
6	Enfield & Haringay	67	5

