

Attwood Business Consultancy Ltd

Chingford League - 5M at Highams Park - Saturday 20 September 2008

"Making things
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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
1		M	Orion	25.37
2		M	Woodford Green	25.40
3	1	M40	Barnet	25.46
4		M	Barnet	26.08
5		M	Orion	26.31
6		M	Enfield & Haringay	26.37
7		M	Walthamstow	26.41
8	2	M40	Woodford Green	26.45
9		M	Orion	26.52
10	3	M40	Barnet	26.54
11		M	Orion	26.57
12	4	M40	Barnet	27.07
13	5	M40	Orion	27.20
14		M	Trent Park	27.20
15		M	Victoria Park	27.22
16		M	Orion	27.25
17		M	Enfield & Haringay	27.29
18	6	M40	Orion	27.31
19		M	Barnet	27.36
20		M	Victoria Park	27.51
21		M	Enfield & Haringay	27.53
22		M	Trent Park	27.57
23	7	M50	Barnet	27.59
24		M	Woodford Green	28.04
25		M	Barnet	28.05
26		M	Eton Manor	28.07
27	8	M40	Trent Park	28.13
28	9	M40	Orion	28.15
29	10	M40	Eton Manor	28.21
30		M	Orion	28.34
31	11	M40	Orion	28.36
32	12	M40	Barnet	28.45
33	13	M40	Victoria Park	28.48
34	14	M40	Barnet	29.00
35		M	Victoria Park	29.01
36	15	M40	Orion	29.04
37		M	Victoria Park	29.08
38	16	M40	Loughton	29.14
39		M	Walthamstow	29.18
40	17	M50	Barnet	29.22
41	18	M50	Eton Manor	29.26
42	19	M40	Trent Park	29.35
43		M	Orion	29.40
44		M	Orion	29.41
45		M	Walthamstow	29.44
46	20	M40	Barnet	29.49
47	21	M40	Trent Park	29.50
48	22	M40	Trent Park	29.53
49		M	Walthamstow	29.56
50	23	M40	Loughton	29.59
51	24	M40	Barnet	30.02
52	25	M40	Trent Park	30.04
53	26	M50	Eton Manor	30.07
54		M	Trent Park	30.12
55	27	M40	Orion	30.14
56	28	M40	Barnet	30.29



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
57	29	Paul O'Donnell	M50 Trent Park	30.33
58	30	Simon Broughton	M50 Enfield & Haringay	30.37
59	31	Bill Bennett	M50 Orion	30.53
60		Andrew Warner	M Orion	31.01
61	32	Keith Murphy	M50 Trent Park	31.03
62		Mark Fone	M Enfield & Haringay	31.06
63		Micheal Brogan	M Trent Park	31.06
64	33	Steve Murray	M40 Woodford Green	31.07
65	34	Steve Simpole	M50 Orion	31.22
66	35	William Wagstaff	M40 Trent Park	31.29
67	36	James Hart	M40 Orion	31.30
68	37	Stuart Manktelow	M40 Trent Park	31.36
69	38	Kerry Rochester	M40 Barnet	31.46
70	39	Roger Berry	M50 Walthamstow	31.51
71	40	Colin Price	M40 Barnet	31.54
72	41	Neal Beaumont	M50 Victoria Park	31.54
73	42	David Warner	M50 Orion	31.59
74	43	Gary Collins	M50 Enfield & Haringay	32.05
75	44	Paul Stiles	M50 Enfield & Haringay	32.20
76	45	Graham Hall	M40 Orion	32.29
77		Neil Douglas	M Walthamstow	32.33
78	46	Warrick Barton	M50 Orion	32.36
79	47	Frank Gordon	M40 Orion	32.38
80		Steve Finney	M Woodford Green	32.44
81	48	John Andrews	M40 Orion	32.50
82	49	Rob Sargent	M50 Loughton	32.51
83	50	Bob Jousiffe	M50 Orion	33.02
84	51	Mark Jackson	M40 Trent Park	33.05
85	52	David Birks	M40 Trent Park	33.05
86	53	Steve Lambert	M40 Woodford Green	33.09
87	54	Barry Cook	M50 Enfield & Haringay	33.20
88	55	Ian Hollyer	M50 Loughton	33.25
89	56	Don Taylor	M40 Orion	33.27
90		Christopher Bennion	M Victoria Park	33.30
91		John Murphy	M Barnet	33.34
92	57	Tom Spanyol	M40 Woodford Green	33.37
93		David Wilkie	M Orion	33.44
94	58	Stephen Allen	M50 Barnet	33.54
95	59	Steve Keys	M50 Enfield & Haringay	33.55
96	60	Jeff Fowler	M50 Walthamstow	33.57
97	61	Geoff Messenger	M50 Orion	33.59
98	62	Mark Fiander	M40 Orion	34.08
99		Terry Beackon	M Victoria Park	34.11
100	63	John Few	M50 Eton Manor	34.13
101		Phil Tsang	M Victoria Park	34.40
102		Sean Colgan	M Guest	35.01
103	64	Matt Doughty	M50 Enfield & Haringay	35.02
104	65	John Gardner	M50 Walthamstow	35.44
105	66	Malcolm Blackwood	M50 Trent Park	36.04
106	67	Roger Green	M50 Woodford Green	36.31
107	68	Harvey Khaihra	M50 Barnet	36.47
108	69	Jack Singer	M50 Trent Park	36.51
109	70	Tony Hamilton	M50 Barnet	37.00
110	71	David Byrne	M40 Barnet	37.02
111		Scott Hurley	M Loughton	37.17
112	72	Glyn Sayer	M50 Eton Manor	38.00



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Men				
113	73	Andrzej Gajbutowicz	M40 Victoria Park	38.52
114	74	Peter Deadman	M50 Orion	38.57
115	75	Steve Timpson	M40 Orion	41.56
116	76	David Hobbs	M50 Loughton	42.09
117	77	Alan Dickin	M50 Orion	45.18
Women				
1	1	Jo Singer	W35 Victoria Park	30.20
2		Katherine Gundersen	W Woodford Green	30.37
3		Erica Brown	W Victoria Park	30.49
4		Sharon Bolister	W Eton Manor	31.04
5		Natalie Kipps	W Orion	31.33
6	2	Christine Inch	W45 Orion	31.54
7		Caroline Real	W Loughton	32.00
8	3	Zoe Woodward	W45 Eton Manor	32.26
9		Claire Sarell	W Victoria Park	32.52
10		Rachel Lund	W Woodford Green	33.07
11	4	Marion Lambert	W45 Trent Park	33.39
12		Diana Kennedy	W Woodford Green	33.55
13	5	Mary Armitage	W45 Orion	33.58
14	6	Alison Bugg	W45 Orion	34.42
15	7	Gabrielle Brooks	W35 Loughton	35.15
16	8	Julie Robinson	W45 Orion	35.25
17		Shannon Pearce	W Trent Park	35.59
18	9	Karen Allworthy	W45 Orion	36.06
19	10	Jane Moss	W35 Trent Park	36.21
20	11	Louise Vacher	W35 Victoria Park	36.35
21	12	Cathy Jackson	W45 Trent Park	36.45
22	13	Lynn Jones	W45 Trent Park	37.00
23		Helen Real	W Loughton	37.04
24		Michelle Hurley	W Loughton	37.16
25	14	Kym Hudson	W45 Orion	37.39
26	15	June Barrow-Green	W45 Victoria Park	37.49
27	16	Patricia Carden	W35 Victoria Park	37.52
28	17	Karen MacAulay	W45 Orion	38.15
29	18	Paula Steere	W35 Eton Manor	38.22
30	19	Lyndsey Jones	W35 Orion	38.30
31	20	Philippa Cockman	W45 Victoria Park	38.50
32	21	Andrea Macqueen	W45 Orion	39.40
33	22	Anne DeAsha	W45 Orion	39.57
34	23	Helen Papachristos	W45 Orion	40.33
35	24	Jean Hobbs	W45 Loughton	40.46
36		Rhian Mitchell-Smith	W Victoria Park	41.05
37	25	Gail Brannan	W45 Eton Manor	41.45
38		Lauren Richardson	W Orion	42.20
39		Catherine Smith	W Victoria Park	42.36
40	26	Liz Jackson	W45 Trent Park	43.36
41	27	Theresa Persighetti	W45 Eton Manor	47.05
42	28	Christine Read	W45 Trent Park	48.16
43	29	Michaela Davis	W35 Loughton	49.11
44	30	Mary Murphy	W45 Victoria Park	50.29



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 13 Boys				
1	George Hoy	U13B	Orion	8.26
2	Matthew Boyce	U13B	Orion	8.29
3	James Keane	U13B	Trent Park	9.00
4	Tom Hutchinson	U13B	Orion	9.11
5	Cheyenne Antoine-Chagar	U13B	Orion	9.13
6	Ryan McCarthy	U13B	Trent Park	9.16
7	Jesse Taylor	U13B	Orion	9.20
8	Samuel Glynn	U13B	Orion	9.26
9	Andrew Adams	U13B	Orion	9.34
10	George McCormick	U13B	Trent Park	9.36
11	Matthew Hurry	U13B	Enfield & Haringay	9.41
12	Gabrielle Anstee	U13B	Trent Park	10.00
13	Jake Spires	U13B	Victoria Park	10.04
14	Zachariah Hall	U13B	Orion	10.06
15	Matthew Nicholson	U13B	Orion	10.12
16	James Joy	U13B	Trent Park	10.57
17	Chris O'Donnell	U13B	Trent Park	13.02
Under 13 Girls				
1	Abigal Jowett	U13G	Victoria Park	9.26
2	Ellen Burwood	U13G	Enfield & Haringay	9.38
3	Rosie Hudson-Evans	U13G	Orion	9.41
4	Jade Dos Santos	U13G	Trent Park	9.52
5	Stephanie Smith	U13G	Woodford Green	10.12
6	Paris Walker	U13G	Victoria Park	10.34
7	Lauren Payne	U13G	Orion	10.42
8	Samantha Noone	U13G	Trent Park	10.43
9	Emily Young	U13G	Orion	10.47
10	Niamh Pamplin	U13G	Victoria Park	10.49
11	Isobella MacQueen	U13G	Orion	10.53
12		U13G	Barnet	10.59
13	Jenny Keane	U13G	Trent Park	11.06
14	Sarah Hodges	U13G	Orion	11.37
15	Terry Butler	U13G	Orion	12.01
16		U13G	Barnet	12.14
17	Emma Brind	U13G	Enfield & Haringay	14.32
18	Laura Visocchi	U13G	Enfield & Haringay	14.32



12th & 16th are probably Milly Bruno and Julia McGovern, but it isn't known in which order

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Position	Name	Category	Club	Time
Race	Vets			
	Only			
Under 15 Boys				
1	Alex Peters	U15B	Enfield & Haringay	14.57
2	Rory Wagstaff	U15B	Trent Park	15.46
3	Joe Sherry	U15B	Enfield & Haringay	16.17
4	Alex Gordon	U15B	Orion	16.56
5	Reece Ballett	U15B	Trent Park	17.04
6	Ben Silverstone	U15B	Orion	17.10
7	Auberic Hall	U15B	Orion	17.16
8	Andreas Vassilou	U15B	Trent Park	17.26
9	Philip Grout	U15B	Trent Park	17.26
10	Tommy Penfold	U15B	Orion	17.43
11	Sam Suzuzek	U15B	Trent Park	18.08
12	James McCormick	U15B	Trent Park	18.47
13	Joseph Glynn	U15B	Orion	19.28
14	Lewis Wilson	U15B	Orion	20.22
15	Eoin Brogan	U15B	Trent Park	20.26
16	Nathaniel Glynn	U15B	Orion	20.43
Under 15 Girls				
1	Althea Calvert-Jordan	U15G	Enfield & Haringay	18.41
2	Keziah Jones	U15G	Woodford Green	20.48
3	Caitlin Glennon	U15G	Trent Park	21.08
4	Jessica Prior	U15G	Trent Park	21.35
5	Rosie O'Donnell	U15G	Trent Park	23.16
6	Melissa Timpson	U15G	Orion	26.11
Under 17 Men				
1	Adam Couldrey	U17M	Loughton	14.43
2	Robert Christou	U17M	Enfield & Haringay	15.12
3	Auberon Hall	U17M	Orion	15.35
4	Luke Callis	U17M	Trent Park	15.43
5	Adam Bowman	U17M	Trent Park	16.05
6	George MacKenzie-Lowe	U17M	Enfield & Haringay	16.08
7	Adam Wright	U17M	Trent Park	17.12
8	James Jackson	U17M	Enfield & Haringay	17.16
9	Tom Brind	U17M	Enfield & Haringay	18.58
Under 17 Women				
1	Becky Hewitt	U17W	Woodford Green	18.14
2	Jessica McCormick	U17W	Trent Park	19.43
3	Laura O'Connor	U17W	Orion	20.12
4	Tabitha Bryant	U17W	Trent Park	20.24
5	Amy Young	U17W	Orion	26.00



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Team Result



Position	Club	Points	League Points
Senior Men "A" Team			
1	Orion	55	10
2	Barnet	71	9
3	Trent Park	200	8
4	Victoria Park	212	7
5	Enfield & Haringay	238	6
6	Woodford Green	264	5
7	Walthamstow	287	4
8	Eton Manor	360	3
9	Loughton	483	2
Senior Men "B" Team			
1	Orion	186	10
2	Barnet	228	9
3	Trent Park	353	8
4	Enfield & Haringay	593	7
5	Victoria Park	636	6
6	Woodford Green	665	5
7	Walthamstow	667	4
Veteran Men			
1	Barnet	114	10
2	Orion	181	9
3	Trent Park	273	8
4	Eton Manor	451	7
5	Woodford Green	472	6
6	Loughton	490	5
7	Enfield & Haringay	491	4
8	Victoria Park	568	3
9	Walthamstow	620	2
Senior Women			
1	Orion	72	10
2	Victoria Park	108	9
3	Trent Park	130	8
4	Loughton	147	7
5	Woodford Green	159	6
6	Eton Manor	164	5
Veteran Women			
1	Orion	92	10
2	Victoria Park	149	9
3	Trent Park	155	8
4	Eton Manor	205	7
5	Loughton	228	6
Under 17 Men			
1	Enfield & Haringay	25	10
2	Trent Park	26	9
3	Loughton	31	8
4	Orion	33	7
Under 17 Women			
1	Trent Park	18	10
2	Woodford Green	19	9
3	Orion	20	8

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Under 15 Boys

1	Trent Park	24	10
2	Orion	27	9
3	Enfield & Haringay	36	8

Under 15 Girls

1	Trent Park	19	10
2	Enfield & Haringay	22	9
3	Woodford Green	23	8
4	Trent Park	27	7

Under 13 Boys

1	Orion	12	10
2	Trent Park	35	9
3	Enfield & Haringay	65	8
4	Victoria Park	67	7

Under 13 Girls

1	Orion	30	10
2	Victoria Park	36	9
3	Trent Park	44	8
4	Enfield & Haringay	55	7
5	Barnet	64	6

