

# Attwood Business Consultancy Ltd

Chingford League - 10K at Orion - Saturday 27 December 2008

"Making things  
as easy as"

Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Men</b>				
1		M	Enfield & Haringay	32.37
2		M	Woodford Green	33.09
3		M	Woodford Green	34.30
4		M	Woodford Green	34.46
5		M	Enfield & Haringay	35.15
6		M	Orion	35.40
7		M	Orion	36.23
8		M	Woodford Green	36.41
9		M	Woodford Green	36.43
10		M	Orion	36.50
11		M	Orion	36.55
12		M	Trent Park	36.57
13		M	Trent Park	37.03
14		M	Orion	37.16
15		M	Enfield & Haringay	37.35
16		M	Walthamstow	37.41
17		M	Woodford Green	37.46
18		M	Woodford Green	37.57
19		M	Enfield & Haringay	37.59
20	1	M40	Woodford Green	38.10
21		M	Barnet	38.18
22	2	M40	Woodford Green	38.23
23		M	Victoria Park	38.49
24		M	Barnet	38.54
25	3	M40	Barnet	38.58
26		M	Victoria Park	39.08
27	4	M40	Orion	39.18
28		M	Woodford Green	39.28
29		M	Enfield & Haringay	39.33
30		M	Eton Manor	39.39
31	5	M40	Barnet	39.55
32		M	Barnet	40.02
33	6	M40	Orion	40.07
34		M	Orion	40.11
35	7	M40	Barnet	40.22
36	8	M40	Loughton	40.25
37	9	M50	Barnet	40.32
38		M	Woodford Green	40.36
39	10	M40	Barnet	40.47
40		M	Guest	41.32
41		M	Trent Park	41.32
42	11	M40	Orion	41.38
43		M	Enfield & Haringay	41.40
44	12	M40	Woodford Green	41.51
45		M	Enfield & Haringay	41.59
46		M	Victoria Park	42.00
47	13	M40	Trent Park	42.20
48		M	Walthamstow	42.22
49	14	M40	Victoria Park	42.24
50		M	Victoria Park	42.35
51	15	M50	Enfield & Haringay	42.41
52		M	Trent Park	42.57
53	16	M40	Trent Park	43.07
54	17	M40	Trent Park	43.16
55	18	M50	Orion	44.07
56	19	M50	Barnet	44.28



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<b>Men</b>				
57	20	Tony Maru	M40 Orion	44.31
58	21	Paul Brandon	M40 Eton Manor	44.34
59	22	Paul O'Donnell	M50 Trent Park	44.36
60	23	Graham Hall	M40 Orion	44.41
61	24	Warwick Barton	M50 Orion	44.43
62		Simon Kennedy	M Enfield & Haringay	44.45
63	25	Trevor Powell	M50 Woodford Green	44.48
64		Ian Horritt	M Walthamstow	44.52
65	26	Roger Berry	M50 Walthamstow	44.53
66	27	Michael Prior	M40 Trent Park	44.56
67	28	Simon Merritt	M40 Trent Park	45.00
68	29	Paul Stiles	M50 Enfield & Haringay	45.06
69	30	Steve Adams	M40 Eton Manor	45.11
70		Andy Lunn	M Orion	45.19
71	31	James Hart	M40 Orion	45.21
72	32	Andy Ruffy	M40 Eton Manor	45.31
73	33	Leighton Ballett	M40 Guest	45.47
74	34	David Birks	M40 Trent Park	45.50
75		David Tyson	M Loughton	45.54
76		Nick Clarke	M Trent Park	46.12
77	35	Bill Birmingham	M50 London Heathside	46.20
78	36	Richard Hogg	M40 Woodford Green	46.22
79	37	Roger Green	M50 Woodford Green	46.31
80		Shaka Palmer	M Enfield & Haringay	46.51
81	38	Steve Murray	M40 Woodford Green	46.52
82	39	Bob Jousiffe	M50 Orion	47.14
83	40	Vic Wilson	M50 Woodford Green	47.20
84	41	Jim Whiffin	M50 Loughton	47.40
85	42	Ian Johnson	M50 Trent Park	48.04
86	43	Roger Kingsnorth	M50 Orion	48.13
87	44	Kerry Rochester	M40 Barnet	49.04
88	45	Andrew Dodd	M40 Orion	49.20
89	46	Paul Robinson	M50 Orion	49.27
90	47	Mike Jones	M40 Trent Park	49.51
91	48	Jeff Fowler	M50 Walthamstow	49.58
92	49	Malcolm Allen	M50 Trent Park	50.03
93	50	John Few	M50 Eton Manor	50.06
94	51	David Byrne	M40 Barnet	50.10
95		Phil Tsang	M Victoria Park	50.13
96	52	Julian Thorpe	M40 Woodford Green	50.17
97	53	Malcolm Maclannan	M50 Enfield & Haringay	50.41
98	54	Alan Cathcart	M40 Victoria Park	50.43
99		Ebolum Mordi	M Victoria Park	51.37
100		Phil Waller	M Trent Park	51.52
101	55	Peter Bulaitis	M50 Orion	52.03
102	56	Mervyn Gilham	M50 Guest	52.13
103	57	Tony Hamilton	M50 Barnet	52.25
104	58	Mike Rosbrook	M50 Orion	52.52
105		Scott Hurley	M Loughton	55.23
106	59	Andrzej Gajbutowicz	M40 Victoria Park	55.35
107		Stuart Phillips	M Woodford Green	55.49
108	60	Frank Merrigan	M40 Victoria Park	56.23
109	61	James March	M40 Barnet	56.38
110	62	John Mercer	M50 Enfield & Haringay	56.50
111	63	Peter Deadman	M50 Orion	57.33
112	64	Patrick Robinson	M40 Eton Manor	57.43



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Race	Vets			
	Only			
<b>Men</b>				
113	65	Glyn Sayer	M50 Eton Manor	59.19
114		John Barrett	M Orion	59.49
115		Mike Walker	M Orion	60.57
<b>Women</b>				
1	1	Jo Singer	W35 Victoria Park	42.11
2		Natalie Kipps	W Orion	42.18
3		Rachel Lund	W Woodford Green	42.41
4		Claire Thurgood	W Orion	45.03
5		Maggie Powell	W Woodford Green	45.33
6	2	Christine Inch	W45 Orion	45.57
7		Georgie-Lou Sales	W Woodford Green	46.13
8		Jacqueline Hardwick	W Trent Park	46.26
9	3	Zoe Woodward	W45 Eton Manor	47.03
10	4	Lorna Gaffney	W35 Loughton	47.16
11	5	Cathy Jackson	W45 Trent Park	49.30
12	6	Gabrielle Brooks	W35 Loughton	49.42
13	7	Belinda Lewis	W35 Orion	49.50
14	8	Naomi Bourne	W35 Victoria Park	49.52
15	9	June Barrow-Green	W45 Victoria Park	49.59
16		Laurey Rankin	W Trent Park	50.06
17		Sidnie Sales	W Woodford Green	50.09
18		Michelle Hurley	W Loughton	50.53
19	10	Mary Armitage	W45 Orion	50.57
20		Kavita Solder	W Woodford Green	51.31
21		Kathryn Berry	W Trent Park	51.56
22	11	Louise Vacher	W35 Victoria Park	52.17
23	12	Hayley Barron	W35 Orion	52.19
24	13	Karen Allworthy	W45 Orion	52.22
25		Francine Rump	W Victoria Park	53.05
26	14	Elaine Battson	W35 Victoria Park	53.12
27	15	Cate Boyle	W35 Victoria Park	54.04
28	16	Stephanie Baxter	W45 Eton Manor	54.45
29	17	Lynn Jones	W45 Trent Park	55.03
30		Mary Knapman	W Loughton	55.23
31	18	Andrea Macqueen	W45 Orion	56.44
32	19	Christina Adams	W45 Eton Manor	56.54
33	20	Gwen Harwood	W45 Loughton	62.53
34	21	Christine Read	W45 Trent Park	66.45
35	22	Theresa Persighetti	W45 Eton Manor	71.03
<b>Under 13 Boys</b>				
1		George Hoy	U13B Orion	10.03
2		Jesse Taylor	U13B Orion	10.25
3		James Keane	U13B Trent Park	10.47
4		Jack Waller	U13B Orion	10.51
5		Paul Inkpen	U13B Orion	11.09
6		Tom Hutchinson	U13B Orion	11.17
7		James Bex	U13B Woodford Green	11.22
8		Cheyenne Antoine-Chagar	U13B Orion	11.23
9		George McCormick	U13B Trent Park	11.39
10		Zachariah Hall	U13B Orion	12.00
11		Samuel Glynn	U13B Orion	13.04



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<b>Under 13 Girls</b>				
1	Georgia Tuckfield	U13G	Orion	10.35
2	Stephanie Smith	U13G	Woodford Green	12.30
3	Sienna Blake	U13G	Orion	12.34
4	Jade Dos Santos	U13G	Trent Park	12.58
5	Abigal Jowett	U13G	Victoria Park	13.00
6	Emily Young	U13G	Orion	13.25
7	Amelia Hull	U13G	Orion	13.51
<b>Under 15 Boys</b>				
1	Joe Sherry	U15B	Enfield & Haringay	12.42
2	Liam Blaikie	U15B	Woodford Green	12.49
3	James Stockings	U15B	Woodford Green	13.10
4	Rory Wagstaff	U15B	Trent Park	13.25
5	Alex Gordon	U15B	Orion	13.40
6	Ben Silverstone	U15B	Orion	14.04
7	Georgio Annestasi	U15B	Trent Park	14.38
8	Reece Ballett	U15B	Trent Park	14.50
9	James McCormick	U15B	Trent Park	15.02
10	Eoin Brogan	U15B	Trent Park	15.33
11	Auberic Hall	U15B	Orion	15.49
12	Bubby Green	U15B	Orion	15.52
13	Joseph Glynn	U15B	Orion	17.51
14	Nathaniel Glynn	U15B	Orion	20.54
<b>Under 15 Girls</b>				
1	Lauren MacGregor	U15G	Orion	14.19
2	Jay Andrews	U15G	Orion	14.57
3	Armani Antoine-Chagar	U15G	Orion	15.08
4	Charlotte Matthews	U15G	Orion	15.50
5	Alethea Calvert-Jordan	U15G	Enfield & Haringay	19.09
<b>Under 17 Men</b>				
1	Frankie Conway	U17M	Orion	15.19
2	Paul Scanlan	U17M	Woodford Green	16.04
3	Chris Sear	U17M	Woodford Green	16.41
4	Auberon Hall	U17M	Orion	16.49
5	Luke Callis	U17M	Trent Park	17.05
6	Adam Bowman	U17M	Trent Park	17.48
7	Chris Atkins	U17M	Orion	18.20
8	Alfie Evans	U17M	Trent Park	18.45
9	Ellis Ball	U17M	Orion	19.21
<b>Under 17 Women</b>				
1	Becky Hewitt	U17W	Woodford Green	18.55
2	Amy Doyle (U15G)	U17W	Woodford Green	19.19
3	Kate Stockings	U17W	Woodford Green	19.47
4	Laura O'Connor	U17W	Orion	20.22
5	Jessica McCormick	U17W	Trent Park	21.00
6	Tabitha Bryant	U17W	Trent Park	22.44
7	Amy Young	U17W	Orion	27.43



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## Team Result



Position	Club	Points	League Points
<b>Senior Men "A" Team</b>			
1	Woodford Green	43	10
2	Orion	75	9
3	Enfield & Haringay	111	8
4	Barnet	168	7
5	Trent Park	214	6
6	Victoria Park	284	5
7	Walthamstow	392	4
8	Eton Manor	426	3
9	Loughton	519	2
10	London Heathside	640	1
<b>Senior Men "B" Team</b>			
1	Woodford Green	169	10
2	Orion	277	9
3	Trent Park	388	8
4	Enfield & Haringay	395	7
5	Barnet	408	6
6	Victoria Park	627	5
7	Eton Manor	675	4
<b>Veteran Men</b>			
1	Barnet	222	10
2	Orion	270	9
3	Woodford Green	300	8
4	Trent Park	340	7
5	Eton Manor	506	6
6	Enfield & Haringay	545	5
7	Loughton	570	4
8	Victoria Park	578	3
9	Walthamstow	605	2
10	London Heathside	640	1
<b>Senior Women</b>			
1	Orion	67	10
2	Woodford Green	88	9
3	Victoria Park	103	8
4	Trent Park	119	7
5	Loughton	139	6
6	Eton Manor	176	5
<b>Veteran Women</b>			
1	Victoria Park	105	10
2	Orion	116	9
3	Loughton	163	8
4	Eton Manor	176	7
5	Trent Park	182	6
<b>Under 17 Men</b>			
1	Orion	21	10
2	Woodford Green	25	9
3	Trent Park	29	8
<b>Under 17 Women</b>			
1	Woodford Green	14	10
2	Orion	27	9
3	Trent Park	27	8

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## **Under 15 Boys**

1	Trent Park	27	10
2	Orion	33	9
3	Woodford Green	35	8
4	Enfield & Haringay	46	7

## **Under 15 Girls**

1	Orion	11	10
2	Enfield & Haringay	28	9

## **Under 13 Boys**

1	Orion	12	10
2	Trent Park	36	9
3	Woodford Green	43	8

## **Under 13 Girls**

1	Orion	17	10
2	Woodford Green	26	9
3	Trent Park	28	8
4	Victoria Park	20	7

