

# Attwood Business Consultancy Ltd

Chingford League - 5M at Trent Park - Saturday 12 January 2008

*"Making things  
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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Men</b>				
1		M	Woodford Green	26.37
2	1	M40	Woodford Green	27.13
3		M	Enfield & Haringay	28.44
4		M	Guest	28.51
5	2	M40	Barnet	28.59
6		M	Enfield & Haringay	29.36
7		M	Victoria Park	29.39
8		M	Trent Park	30.02
9		M	Walthamstow	30.15
10		M	Orion	30.18
11		M	Barnet	30.27
12	3	M40	Barnet	30.36
13	4	M40	Orion	30.40
14	5	M40	Barnet	30.46
15		M	Guest	30.54
16		M	Orion	30.57
17		M	Enfield & Haringay	31.01
18	6	M40	Barnet	31.07
19		M	Barnet	31.14
20		M	Orion	31.21
21	7	M50	Barnet	31.35
22	8	M40	Victoria Park	31.42
23		M	Victoria Park	31.51
24	9	M40	Eton Manor	31.53
25	10	M50	Barnet	31.58
26		M	Victoria Park	31.59
27	11	M40	Walthamstow	32.00
28	12	M40	Eton Manor	32.02
29		M	Woodford Green	32.02
30	13	M40	Orion	32.03
31	14	M50	Barnet	32.08
32	15	M40	Loughton	32.11
33	16	M40	Woodford Green	32.16
34	17	M40	Barnet	32.20
35	18	M40	Orion	32.28
36		M	Victoria Park	32.36
37	19	M40	London Heathside	32.39
38	20	M40	Orion	32.41
39		M	Barnet	32.42
40		M	Enfield & Haringay	32.44
41	21	M40	Trent Park	32.49
42		M	Orion	32.55
43		M	Victoria Park	32.56
44		M	Victoria Park	32.59
45	22	M50	Woodford Green	33.12
46	23	M40	Barnet	33.16
47	24	M40	Victoria Park	33.19
48		M	Trent Park	33.25
49		M	Enfield & Haringay	33.25
50		M	Orion	33.27
51		M	Victoria Park	33.28
52	25	M40	Victoria Park	33.31
53	26	M40	Barnet	33.32
54		M	Orion	33.44
55		M	Barnet	33.46
56		M	Victoria Park	33.51



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Position	Name	Category	Club	Time
Race	Vets			
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<b>Men</b>				
57	27	Tony Babbs	M40 Loughton	34.00
58	28	Alistair Holford	M50 Woodford Green	34.10
59		Pete McHugh	M Orion	34.12
60	29	Julian Thorpe	M40 Woodford Green	34.20
61	30	William Wagstaff	M40 Guest	34.35
62		Rob Birchley	M Victoria Park	34.40
63		James March	M Barnet	34.41
64	31	David Crout	M40 Trent Park	34.49
65		Sam Courton	M Trent Park	34.58
66		Rob Pithethly	M Victoria Park	34.59
67		Richard Bryant	M Victoria Park	35.00
68	32	John Wallis	M40 Woodford Green	35.07
69	33	Warrick Barton	M40 Orion	35.10
70	34	Ian Lambert	M40 Eton Manor	35.21
71	35	Andrew Dodd	M40 Orion	35.24
72	36	James Hart	M40 Orion	35.28
73	37	Paul Stiles	M50 Enfield & Haringay	35.30
74		John Murphy	M Barnet	35.32
75	38	Jerry Bryan	M40 Barnet	35.39
76	39	Patrick O'Kane	M40 Trent Park	35.45
77		Steve Dunn	M Eton Manor	35.50
78	40	Bill Bennett	M50 Orion	35.56
79	41	Stephen Allen	M50 Barnet	36.02
80	42	Steve Simpole	M50 Orion	36.05
81		Sean Mitchell	M Barnet	36.09
82	43	Phil Heron	M40 Orion	36.13
83		John Ashton	M Victoria Park	36.19
84	44	Stuart Manktelow	M40 Trent Park	36.26
85	45	David Warner	M50 Orion	36.26
86	46	John Andrews	M40 Orion	36.30
87	47	Roger Berry	M50 Walthamstow	36.45
88	48	Graham Hall	M40 Orion	36.54
89	49	Tim Amor	M40 Victoria Park	36.57
90		James Grimsdale	M Walthamstow	37.03
91		Nick Clarke	M Trent Park	37.07
92	50	Tony Maru	M40 Orion	37.08
93	51	Bob Jousiffe	M50 Orion	37.17
94	52	Peter Bulaitis	M50 Orion	37.27
95	53	Johnson John-Lewis	M50 Orion	37.29
96	54	Francis Robinson	M40 Barnet	37.30
97	55	Vic Wilson	M50 Woodford Green	37.33
98	56	Mark Jackson	M40 Trent Park	37.40
99	57	John Shirley	M50 Barnet	37.52
100	58	Geoff Messenger	M50 Orion	37.57
101	59	Leighton Ballett	M40 Guest	38.00
102	60	David Birks	M40 Trent Park	38.06
103	61	Tom Spanyol	M40 Woodford Green	38.09
104	62	Peter Goldfinch	M50 Trent Park	38.29
105	63	Julian Bradley	M40 Barnet	38.55
106	64	Roger Kingsnorth	M50 Orion	39.07
107	65	Matthew Hodge	M40 Trent Park	39.25
108	66	Charles Taylor	M50 Trent Park	39.56
109	67	Nick Webb	M40 Orion	40.08
110		Phil Tsang	M Victoria Park	40.51
111		Charles Pickering	M Trent Park	41.00
112	68	Noel Robinson	M40 Barnet	41.03



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Position	Name	Category	Club	Time
Race	Vets			
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<b>Men</b>				
113	69	Mick Green	M40 Trent Park	41.10
114	70	Peter Deadman	M50 Orion	41.12
115	71	Con Antoniou	M50 Barnet	41.32
116	72	Jim Neville	M50 Barnet	41.38
117	73	Paul Robinson	M50 Orion	41.56
118	74	Mervyn Gilham	M50 Guest	42.09
119		Phil Waller	M Trent Park	42.33
120		Kassim Riley	M Enfield & Haringay	42.46
121	75	John Perkins	M40 Orion	42.47
122	76	Stef McCarthy	M50 Victoria Park	42.49
123	77	John Mercer	M50 Enfield & Haringay	43.12
124	78	Glyn Sayer	M50 Eton Manor	43.25
125	79	Andrzej Gajbutowicz	M40 Victoria Park	43.29
126	80	Adrian Pugh	M40 Trent Park	43.36
127	81	Alan Cathcart	M40 Victoria Park	43.58
128	82	Mike Wheeler	M40 Victoria Park	44.46
129	83	Richard Hepworth	M50 Orion	44.54



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Women</b>				
1	1	Lisa Elmore	W35 Trent Park	32.44
2	2	Lorna Gaffney	W35 Loughton	35.18
3	3	Christine Inch	W45 Orion	36.37
4	4	Zoe Woodward	W35 Eton Manor	37.00
5		Shannon Pearce	W Guest	37.02
6		Claire Thurgood	W Orion	37.37
7	5	Gabrielle Brooks	W35 Loughton	37.39
8		Claire Sarell	W Victoria Park	38.01
9		Kavita Solder	W Woodford Green	38.04
10		Laurey Rankin	W Trent Park	38.14
11	6	Nina Anderson	W35 Guest	38.22
12		Catherine Perry	W Barnet	38.23
13		Rhian Mitchell-Smith	W Victoria Park	38.44
14		Kathryn Berry	W Trent Park	39.21
15		Kerry Bannister	W Victoria Park	39.27
16	7	Mary Armitage	W35 Orion	39.38
17		Caroline Harding	W Trent Park	39.44
18		Chloe Moon	W Loughton	39.50
19		Emily Mosedale	W Victoria Park	40.06
20	8	Marion Lambert	W45 Trent Park	40.25
21	9	Cate Boyle	W35 Victoria Park	41.15
22		Francine Rump	W Victoria Park	41.31
23	10	Louise Vacher	W35 Victoria Park	41.36
24	11	Kirsty Johnson	W45 Barnet	42.17
25	12	Paula Steere	W35 Eton Manor	42.23
26		Helen Real	W Loughton	42.28
27	13	Anne Heeks	W45 Loughton	42.42
28	14	Brenda Puech	W35 Victoria Park	42.47
29	15	Anne DeAsha	W45 Orion	42.51
30		Jayne Sales	W Guest	43.38
31	16	Andrea Macqueen	W35 Orion	43.41
32	17	Lyndsey Jones	W35 Orion	43.52
33	18	Philippa Cockman	W45 Victoria Park	43.58
34		Anna Fake	W Victoria Park	44.15
35		Lara Regan	W Loughton	44.30
36		Sacha Ackland	W Eton Manor	44.37
37	19	Jean Hobbs	W45 Loughton	45.24
38	20	Gail Brannan	W45 Eton Manor	45.38
39	21	Vicki Morris	W35 Loughton	47.38
40	22	Rachel Brittle	W35 Eton Manor	48.45
41	23	Michala Drake	W35 Orion	49.18
42	24	Gwen Harwood	W45 Loughton	52.06
43	25	Christine Read	W35 Trent Park	52.47
44	26	Allison Goodlad	W35 Eton Manor	53.24
<b>Under 13 Boys</b>				
1		J Stockings	U13B Woodford Green	13.07
2		A Vassilou	U13B Trent Park	14.18
3		P Crout	U13B Trent Park	15.16
4		B Hall	U13B Orion	15.42
5		C Stocking	U13B Woodford Green	15.45
6		H Docking	U13B Woodford Green	16.56
7		L Cook	U13B Trent Park	22.16



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Position	Name	Category	Club	Time
Race	Vets			
	Only			
<b>Under 13 Girls</b>				
1	C Kerr	U13G	Enfield & Haringay	11.35
2	G Ferrari	U13G	Woodford Green	11.44
3	K Fray	U13G	Enfield & Haringay	12.15
4	A Calvert-Jordan	U13G	Enfield & Haringay	12.28
5	H Bedeau	U13G	Woodford Green	13.28
6	E Burwood	U13G	Enfield & Haringay	13.56
7	S Smith	U13G	Woodford Green	14.02
8	P Walker	U13G	Victoria Park	14.09
9	A Jowett	U13G	Victoria Park	11.27
10	G Green	U13G	Eton Manor	14.36
11	I Adams	U13G	Eton Manor	15.33
12	M Bedeau	U13G	Woodford Green	15.37
<b>Under 15 Boys</b>				
1	L Callis	U15B	Trent Park	17.14
2	A Peters	U15B	Enfield & Haringay	17.23
3	R Wagstaff	U15B	Trent Park	17.50
4	T mmy Bower	U15B	Guest	18.39
5	L Blaikie	U15B	Woodford Green	18.50
6	G Mackenzie-Lowe	U15B	Enfield & Haringay	18.55
7	A Bowman	U15B	Trent Park	18.58
8	A Hall	U15B	Orion	19.28
9	A Evans	U15B	Trent Park	20.00
10	P Haynes	U15B	Trent Park	20.09
11	R Surridge	U15B	Enfield & Haringay	20.13
12	R Ballett	U15B	Trent Park	21.28
13	J McCormick	U15B	Trent Park	22.37
14	L Mitchell	U15B	Trent Park	26.04
<b>Under 15 Girls</b>				
1	K Stockings	U15G	Woodford Green	14.10
2	C Conway	U15G	Woodford Green	14.27
3	S Hickman	U15G	Enfield & Haringay	15.26
4	C Glennon	U15G	Trent Park	16.15
5	S Walker	U15G	Victoria Park	16.35
6	J McCormick	U15G	Trent Park	16.49
7	C Bryan	U15G	Trent Park	17.06
8	T Bryant	U15G	Trent Park	17.36
9	F Cioni	U15G	Loughton	18.36
10	R O'Donnell	U15G	Trent Park	18.49
<b>Under 17 Men</b>				
1	A Jones	U17M	Enfield & Haringay	24.18
2	A Wright	U17M	Trent Park	26.54
3	B Savage	U17M	Trent Park	29.54
<b>Under 17 Women</b>				
1	B Hewitt	U17W	Woodford Green	20.45
2	J Docking	U17W	Woodford Green	21.13
3	A Holford	U17W	Woodford Green	23.38
4	R Batham	U17W	Woodford Green	30.27



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## Team Result



Position	Club	Points	League Points
<b>Senior Men "A" Team</b>			
1	Barnet	71	10
2	Orion	114	9
3	Victoria Park	146	8
4	Woodford Green	160	7
5	Enfield & Haringay	178	6
6	Trent Park	288	5
7	Eton Manor	433	4
8	Walthamstow	454	3
9	Loughton	585	2
10	London Heathside	660	1
<b>Senior Men "B" Team</b>			
1	Barnet	184	10
2	Orion	299	9
3	Victoria Park	299	8
4	Trent Park	565	7
5	Woodford Green	566	6
6	Enfield & Haringay	733	5
<b>Veteran Men</b>			
1	Barnet	86	10
2	Orion	243	9
3	Woodford Green	255	8
4	Victoria Park	438	7
5	Trent Park	447	6
6	Eton Manor	484	5
7	Loughton	585	4
8	Walthamstow	609	3
9	London Heathside	660	2
10	Enfield & Haringay	688	1
<b>Senior Women</b>			
1	Victoria Park	87	10
2	Trent Park	95	9
3	Loughton	105	8
4	Orion	106	7
5	Eton Manor	173	6
6	Barnet	200	5
7	Woodford Green	218	4
<b>Veteran Women</b>			
1	Orion	139	10
2	Eton Manor	140	9
3	Loughton	142	8
4	Victoria Park	180	7
5	Trent Park	185	6
6	Barnet	232	5
<b>Under 17 Men</b>			
1	Trent Park	13	
2	Enfield & Haringay	13	
<b>Under 17 Women</b>			
1	Woodford Green	10	

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## **Under 15 Boys**

1	Trent Park	18
2	Enfield & Haringay	31
3	Woodford Green	46
4	Orion	49

## **Under 15 Girls**

1	Trent Park	25
2	Woodford Green	25
3	Enfield & Haringay	36
4	Loughton	46

## **Under 13 Boys**

1	Woodford Green	20
2	Trent Park	20
3	Orion	28

## **Under 13 Girls**

1	Enfield & Haringay	14
2	Woodford Green	26
3	Victoria Park	43
4	Eton Manor	47

